

# Ashtanga Yoga & Pranayama In-depth Development Training for teachers & established practitioners (150 hrs) with KIA NADDERMIER, Mysore Yoga Paris

Including Anatomy, Bio-mechanics & Physiology in Yoga with PAULA RIOS FERNANDEZ MD PhD

## **Terms and Conditions**

#### 1. APPLICATION PROCEDURE:

We only accept applications for the entire training, not individual modules.

Our application procedure has two steps as follows:

- 1. Read these Terms & Conditions and Complete the Application Form
- 2. Upon acceptance you have 7 calendar days to pay 300€ deposit to secure your place. Payment details and a link for making an on-line payment will be sent upon acceptance of application (see below)

Please note that after 7 days, your place will be offered to someone else.

## 3. DEPOSITS, FEES AND PAYMENTS:

Course fees include all tuition, training manual, inter-modular practice sheets and assignment material. They do not include travel, accommodation or food.

# **Price & Payment Procedure**

2800 euro if paid in one single instalment:

Deposit 300 euro payable within 7 days of acceptance onto the course.

Plus 1 instalment of 2500 euros (15/5 2023)

or

3000 euro if paid in 3 instalments:

Deposit 300 euro payable within 7 days of acceptance onto the course.

Plus 3 instalments of 900 euros (15/5 2023; 15/7 2023; 15/10 2023)

Deposits are non-refundable nor transferable.

#### 4. CANCELLATIONS AND REFUND POLICY FOR PARTICIPANTS

# **Cancellation Policy**

More than 90 days before start of course: 100% refund, less deposit. Between 90-45 days before start of course: 50% of total price, less deposit. Less than 45 days before start of course: no refund.

All cancellation and refund requests must be made in writing.

We strongly advise students travelling from abroad to purchase travel insurance.

#### 5. POLICY IN REGARDS TO PANDEMIC / HEALTH RESTRICTIONS

In the unlikely event of having to postpone the course, Mysore Yoga Paris will offer alternative course dates at no extra cost. We advise you to put travel insurance in place to cover flights and accommodation in this *very* rare and unlikely event.

## 6. MISSED TIME OR CLASSES

We do not offer any refund for missed in-person nor online days of the training.

#### 7. FEEDBACK AND COMPLAINTS PROCEDURE

Please address any unsolicited feedback or complaints in writing to the Training Co-ordinator, Lise de la Brosse lise@mysoreyogaparis.com

# 8. CODE OF ETHICS FOR TEACHERS & ASSISTANTS OF THE IDT

We acknowledge the unique and sensitive nature of the student-teacher relationship and recognise that ethical behaviour is the foundation of all good practice and teacher training.

As teachers of Mysore Yoga Paris IDT, we agree to uphold the highest professional standards as set forth in the following Code of Ethics.

- We welcome all students with respect and friendliness and do not discriminate against or refuse anyone on the basis of race, gender, sexual orientation, religion or national origin.
- We make responsible decisions to determine if and when to assist a student, and use our knowledge and skills only for their benefit.

- We provide rehabilitative and therapeutic alternatives only for those problems or issues that are within the reasonable boundaries of our competence.
   We do not mis-represent our professional qualifications and we promote our services with accuracy and dignity.
- We understand that all forms of sexual behaviour with students is unethical and use only appropriate methods of touch when assisting students.
- We conduct our public and private affairs with honesty in financial, material, emotional and spiritual interactions.
- We respect the rights, dignity and privacy of all students, and treat all communications from students with professional confidence.

### 9. STUDENT RIGHTS AND RESPONSIBILITIES

# Students have the right to:

- Pursue their training in an environment that is without harassment or discrimination.
- Be treated always with respect, dignity and fairness.
- Expect confidentiality in all personal matters.

# It is the responsibility of the student to:

- Ensure that all current policies and procedures of the training and its venue are understood and adhered to.
- Seek clarification from the course administrator if a policy or procedure is not understood.
- Treat other students, teachers and assistants with kindness, fairness and respect.